

**[Your Name] Yoga Retreat
at [Location]**

Page 1 of 2

**[Your Name] Yoga Retreat
at [Location]**

Name:

DOB:

Describe any injuries or medical conditions you may have.

Agreement of Release and Waiver of Liability

I, (print name) _____, hereby agree to the following:

1. I am participating in the Yoga Retreat offered by [Your Name and/or Business Name] (the "Yoga Retreat Group") and [Resort Name] (collectively the "Providers"), during which I will receive information and instruction about yoga and health. I recognize that yoga requires physical exertion that may be strenuous and may cause physical injury, and I am fully aware of the risks and hazards involved.
2. I understand that the Providers are not doctors and possess no medical training whatsoever. I understand, therefore, that it is my responsibility to consult with a physician prior to and regarding my participation in the Yoga Retreat. I represent that I will take necessary steps to ensure that my doctor and healthcare providers know that I am participating in the Yoga Retreat, and I will rely exclusively on my doctor and other healthcare providers for advice regarding my participation in the Yoga Retreat. I represent and warrant that I am physically fit and I have no medical conditions that would prevent my full participation in the Yoga Retreat.
3. I represent that if I am pregnant, I will take necessary steps to ensure that my doctor and health-care providers know that I am participating in the Yoga Retreat, and I will rely exclusively on my doctor and other healthcare providers for advice regarding my participation in the Yoga Retreat. I assert that I am of fit health to participate in the Yoga Retreat and will alert the Providers and anyone else in whose yoga sessions I participate that I am pregnant.
4. In consideration of being permitted to participate in the Yoga Retreat, I agree to assume full responsibility for any risks, injuries or damages, known or unknown, which might result -from participating in the Yoga Retreat, including any and all activities done with the Yoga Retreat Group, as an individual at [Location], and/or any and all activities in which I engage with any individual or entity that is unaffiliated with the Providers.
5. In further consideration of being permitted to participate in the Yoga Retreat, I knowingly, voluntarily and expressly waive any claim I may have against [Your Business Name], its staff (including without limitation [Your Name]) and [Location Name] and its

**[Your Name] Yoga Retreat
at [Location]**

Page 2 of 2

staff for injury or damages of any kind whatsoever that I may sustain as a result of, or in connection with, my participation in the retreat. I, my heirs, assigns, and legal representatives forever release, waive, discharge and covenant not to sue [Your Business Name], its staff (including without limitation [Your Name]) and [Location Name] and its staff for any injury or death, or other damages of any kind whatsoever caused by their negligence or other acts.

6. I hereby grant permission to [Your Business Name] and its representatives to photograph my image, likeness, or depiction. I hereby grant permission to [Your Business Name] to edit, crop, or retouch such photographs, and waive any right to inspect the final photographs. I hereby consent to and permit photographs of me to be used by [Your Business Name] for any purpose, including educational and advertisement purposes, and in any medium, including print and electronic. I understand that [Your Business Name] may use such photographs with or without associating names thereto. I further waive any claim for compensation of any kind for the use or publication of photographs of me (if applicable).

7. This agreement is being entered into in the State of [Your State] and constitutes a valid and binding contract based upon mutual promises and consideration, the receipt and sufficiency of which is hereby acknowledged. This agreement is intended to release the Providers and all others identified herein from liability of any kind to the greatest extent allowed by law. Wherever possible, each provision of this Agreement shall be interpreted in such manner as to be effective and valid under applicable law, but if any provision of this Agreement shall be prohibited by or be invalid under applicable law, such provision shall be ineffective only to the extent of such prohibition or invalidity, without invalidating the remainder of such provision or the remaining provisions of this Agreement. This Agreement shall be construed in accordance with the laws of the State of [Your State] (exclusive of conflicts of law principles) governing agreements entered into and to be wholly performed therein. Any action or proceeding arising under this Agreement shall be brought exclusively in the State or Federal courts located within the State of [Your State] and not elsewhere.

I have read the above release and waiver of liability and fully understand its contents. I voluntarily agree and confirm being invited to consult legal counsel before signing below.

Signature of Participant

Date
