

**First & Last Name**

Mailing Address

Phone Number • Email

web address

**[YOUR HEADSHOT HERE]**

**YOGA STYLES: [Include all you are certified for]**

**OTHER SKILLS: [i.e. massage, reiki, etc.]**

**[Below, write a summary that shares your personality, mission and uniqueness as a yoga teacher]**

Energetic, positive contributor excited to share yoga teachings from Sri Dharma Mittra and other world renown teachers with yoga students via a challenging and/or invigorating practice that settles the mind and allows students to heal and strengthen their bodies. Focused on identifying opportunities to empower, motivate and guide students to achieve their goals. Highly developed communications and marketing skills.

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**EDUCATIONAL BACKGROUND**

**Degree** (Year of Graduation)

College or University Name, City, State

**CERTIFICATIONS**

- [Name of your 200 Hr Certification]
- [CPR Certified]
- [Any other relevant certifications]

**PROFESSIONAL EXPERIENCE**

**GROUP AND PRIVATE YOGA INSTRUCTOR** – All Level Classes

Studio Name, City, State (Years Employed)

**Responsibilities:** (Sample Below)

- Teach all level classes for adults and teen class
- Responsible for guiding members through challenging and mind-settling yoga sequences.
- Promote safety through proper equipment use and accurate demonstration of asana and pranayama.
- Discuss the benefits of beginning a yoga practice with new students.
- Teach bimonthly acrobatic and therapeutic partner yoga workshops